

BEIT CHAVERIM

Jewish Community of Greater Zion

October 2024

Welcome All!

IN PERSON
SHABBAT
SERVICE
2ND FRIDAY
OF EACH MONTH
7:00PM
GOOD SHEPHERD
PRESBYTERIAN
CHURCH
611 N 2450 E.
ST. GEORGE.
(EDUCATIONAL BLDG. IN
REAR)

ZOOM SHABBAT
SERVICES ALL
FRIDAYS @7:00PM.
LINK WILL BE SENT A
FEW DAYS BEFORE
EACH SERVICE

BEITCHAVERIMUTAH.ORG

Upcoming Events:

Thursday, October 3, 11:00am - Rosh Hashanah service.
Kiddish lunch to follow. The Escape at Brio Clubhouse

Sunday, October 6 - 11:00am Tashlich
Fire Lake Park, Ivins

Friday, October 11, 7:00 pm - Kol Nidre service.

Saturday, October 12, 4:00 pm - Yom Kippur service
Break-the-Fast follows. The Escape at Brio Clubhouse

Sunday, October 20, 11:30am - Sukkot service & celebration

Wednesday, November 6, 3:00pm - Annual Congregational meeting
Come hear about Beit Chaverim's plans for the future.
Light refreshments served.
Zions Bank, 40 E St. George Blvd, St. George, Community Room 2nd floor

Saturday, November 9, 10:00am- Crop Walk for Hunger/Larkspur Park
Saturday, November 9, 2:00pm - Author Faye Lincoln, 'Values that Shape
the World', lecture and light refreshments, FREE event
Southern Utah Veterans Home - Ivins

Social Action Committee - performing MITZVOT

Jewish tradition, being of service to those in need is a 'mitzvah', a good deed, visiting the sick, sending in food for shiva or during an illness, helping to find transportation to services or events, or to a doctors appointment.

If we can be of service to you or do you know of someone in need?

Are you able to volunteer? or willing to join the committee?

Contact Liza Ness: leezans@aol.com





BEIT CHAVERIM

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Rabbi Helene Ainbinder

Volunteer leader of our congregation for 10+ years:

Rabbi Ainbinder's role in the Southern Utah Jewish Community is varied and full.

So how full is it?

The Rabbi not only leads our monthly Shabbat services and holidays throughout the year, she also meets with congregants for 'Breakfast with the Rabbi' once a month at different eateries around St. George. She loves to shmooz!

She has seen the growth over the last 11 years, from a handful of households to now 65. This doesn't deter her enthusiasm and involvement with members and non-members, as she's opens her home for various holidays.

Her involvement reaches beyond our congregation, as past president of the Interfaith Council, prayers for the Mayors offices, councils and commissioners offices and even the Governors in Salt Lake City. She shows up whenever and wherever asked, including officiating at funerals, weddings, conversions, and visiting patients in the hospital.

Security is very important to the Rabbi and she takes it very seriously to keep our community safe. She's in contact with the FBI and local enforcement to keep us updated on threats and issues. She's recently become a member of the Utah advisory committee to the U.S. Commissioners on civil rights.

In her spare time, she's a passionate artist and belongs to the Southern Utah Artists Guild, now called 'The Guild.' Her Judaic themes remind people that there is a Jewish Community here in St. George.

October 7th led her to knit hats for the IDF, and sending tents and medical supplies to Israel.

Rabbi Helene continues to lecture and teach Judaic Studies for the ICL program.

"When you love what you do, then the position one holds is not really work."

Her loving husband, Michael supports her Jewish life and family.

Thank you Rabbi Helene Ainbinder for all that you do for our Jewish community.

HIGH HOLY DAYS INFORMATION

Ready or not, here they come. Rosh Hashanah and Yom Kippur are just around the corner, closely followed by Sukkot. We invite everyone to join our Beit Chaverim family both in prayer and celebration of the holidays.

We are very pleased to announce that a local member of the *Southwest Symphony* and *Tuacahn orchestra*, *Jay Nygaard*, has agreed to learn and blow the shofar for our Rosh Hashanah service. In addition, we are elated to have *Peter Romney*, principal cellist for the *Southwest Symphony*, returning to play his moving rendition of Kol Nidre for the onset of the Day of Atonement.

Rosh Hashanah service will be followed by a delicious Yom Tov (holiday) meal. Our Kiddush meal will be provided by *Katering Koncepts* together with traditional holiday family sides and desserts provided by members.

Register for all High Holiday events, at www.beitchaverimutah.org

Click on “Calendar and Events” then click on “Show” and select “Holidays”.
Register for each holiday *separately*

Rosh Hashanah and Yom Kippur services will be held at:

The Escape at Brio, 230 West Clubhouse Drive, Washington, UT.

(Enter through the west door only by the small parking lot on the left side of the building).

Our traditional community **Break-the-Fast** meal will be held at the conclusion of the Yom Kippur service. We ask for contributions of a dairy or non-meat dish or dessert to share with the congregation. Beit Chaverim will provide the traditional lox and bagels.

If you are bringing a dish to Rosh Hashanah, Break-the-Fast and/or Sukkot, please **email:**
events@beitchaverimutah.org

SERVICES SCHEDULE

Rosh Hashanah:	Thursday, October 3	11:00 am	Kiddush meal follows
Kol Nidre:	Friday, October 11	7:00 pm	
Yom Kippur/Yizkor:	Saturday, October 12	4:00 pm	Break-the-Fast follows



Lunch in the SUKKOT

Sukkot is one of the most joyful festivals, meant to bring families, friends and communities together. This holiday commemorates the 40 years that Jews spent in the desert after escaping slavery in Egypt. While in the desert, they lived in temporary huts called Sukkahs. It is traditional to eat (and sleep) in a Sukkah for seven days.

To celebrate this joyous festival, we will gather at the Sukkah of our congregant, Marilee Perkal for a delightful potluck lunch, 11:30am on **Sunday, October 20th**. Come and enjoy together as we shake the lulav, while shmoozing and noshing with our Beit Chaverim family.

We invite you to bring a vegetarian, dairy, salad, or dessert dish to share for lunch. Please email events@beithchaverimutah.org with your food contribution.

<https://beithchaverimutah.org/calendar-and-events/#!event/2024/10/20/sukkot>

You will be contacted with the location after registration.



TASHLICH

Tashlich is a symbolic ceremony which translated means, “Casting Our Sins Away”. For Tashlich, we gather next to a natural, flowing body of water. We recite a few prayers while “casting” off our sins, represented by breadcrumbs, into the water. By performing Tashlich, each Jew signifies their hope that G-d will overlook our failings during the past year and grant us favor in the year to come.

The ceremony will be held **Sunday, October 6th** 11:00 am at Fire Lake Park, Ivins. The entrance is just beyond Kayenta entrance off Old 91. This is a wonderful setting for this brief, outdoor tradition.

We hope to see you there. Bring bread, crackers or matzah to throw.

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FUNNY SCHTICKS THANKS TO LEE MILLER



Elderly Saul Levin had serious hearing problems for a number of years. He went to the doctor and the doctor was able to have him fitted for a set of hearing aids that allowed him to hear 100%.

Saul went back after a month and the doctor said, "Your hearing is perfect. Your family must be really pleased that you can hear again."

Saul replied, "Oh, I haven't told my family yet. I just sit around and listen to the conversations. I've changed my will three times!"



Mr. Foodie's Reviews by Andy Margles

MIXED GREENS

Wouldn't it be great to be able to get fresh honeydew juice at a local restaurant? How about fresh mango, watermelon, cantaloupe, pineapple, or strawberry juice? Well, now you can, at **Mixed Greens**, a recent transplant from a gas station in Santa Clara, to downtown St. George. Located at 661 E St. George Blvd., MG is open Tu-Sat 10-8pm, but closed Sun-Mon. It's a small space, though they do take reservations.

With a name like Mixed Greens, the restaurant features several huge salads with items like ahi tuna, steak, salmon, chicken etc., but also has warm bowls, acai bowls, smoothies, wellness shots and, of course, tropical fresh fruit juices. Mrs. Foodie and I went during lunchtime and the place was packed. I ordered an Endless Summer salad and a small honeydew juice, while she got a Thai noodle bowl.

VERDICT: Everything we ordered was delicious. The portions were ample, and the quality of ingredients was outstanding. The food prices are pretty reasonable, generally around \$15. And did I mention the **juices**? I LOVED the honeydew juice I had and can't wait to try some more. You can even mix two juices of your choice, if you so desire. So, who knows? Maybe next time, mango-strawberry or honeydew-cantaloupe? I can't wait!

you can reach Andy at: Andymargles@gmail.com

BEIT CHAVERIM

Jewish Community of Greater Zion

Congregation Bulletin Board



Carolyn Bagner
Helaine Kastner Kinslow
Kim Blackman
Paul Nowak
Mike Satter
Rabbi Ainbinder



Evan & Lorraine Sanders
Rabbi Helene & Michael
Ainbinder
Christina & Herb Schwarz
Jeffrey & Julie Soncrant
Paul & Laurie Nowak

Mazel Tov

Do you have something to
announce?

email me:
membership@beitchaverimutah.org

Membership

Welcome new members:

Nanette Jones
Deborah Abner
Betty O'Harren