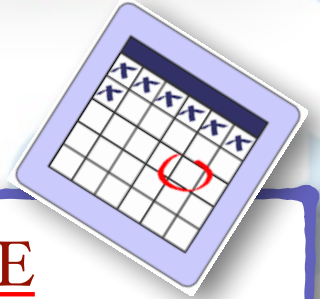




BEIT CHAVERIM

Jewish Community of Greater Zion

February 2024!



**Welcome
All!**

**IN PERSON
SHABBAT
SERVICE 2ND
FRIDAY
OF EACH MONTH
AT 7:00PM
GOOD SHEPHERD
PRESBYTERIAN
CHURCH
611 N 2450 E.
ST. GEORGE.
(EDUCATIONAL BLDG. IN
REAR)**

**ZOOM SHABBAT
SERVICES ALL OTHER
FRIDAYS @7:00PM.
LINK WILL BE SENT A
FEW DAYS BEFORE
EACH SERVICE.**

SAVE THE DATE

Monday, Feb. 5, 10:00 am – Breakfast With The Rabbi. George's Corner.
RSVP arneen@infowest.com

Friday, Feb. 16, 7:00 pm – In person Shabbat service. Good Shepherd
Presbyterian Church, educational bldg., rear

Saturday, Feb. 17, 5:00 pm – Dinner Benja Thai Garden, 435 N 1680 E,
7:00 pm - Interfaith Harmony Day Concert. Crimson
Cliffs High School (see flyer, inside for details)

Sunday, March 24, 12:00 pm – Purim lunch and Megillah reading. Home
of Rabbi Helene & Michael Ainbinder (details next month)

Tuesday, April 23, 5:00 pm – Congregation Passover Seder (2nd night)



We will begin to use our new siddur, Mishkan T'filah: Shabbat at the February 12 Shabbat in-person service. Beit Chaverim has purchased a limited number for use by our congregation. Members who would prefer to have their own siddur or who attend Shabbat services by Zoom and need a siddur at home would need to order them individually. We just became aware that CCAR Press (the distributors) are out of stock. Fortunately, Ellen Nathan, in her wisdom, ordered an additional 10 siddurim for members to purchase. Contact Ellen arneen@infowest.com before they are gone. The cost (includes shipping) is \$50.

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SPOTLIGHT

Beit Chaverim is pleased to welcome a recent new member, Marilyn Adler, to our congregation. Marilyn joined just recently after attending our High Holy Day services this year at the invitation our member Roger Talman.

I was born in Milwaukee, Wisconsin and moved to Los Angeles with my parents when I was eight years old. We then moved to Las Vegas in 1963. It proved to be an interesting life for a nineteen year old girl to work at Nevada Power. In November 1970 my good friend insisted that I meet her boss, Gary. She was his secretary and their office was at The Desert Inn Hotel. It was a blind date and definitely “not love at first sight”. But, on October 2, 1971 we married at Temple Beth Shalom, followed by a reception in The Grand Ballroom at the Sands Hotel. We were married just short of 52 years; he was the love of my life and my best friend; “G-d’s gift to me”. After we married, we moved to Bozeman, Montana, together with my mother who lived with us for 17 years.

In June 2009, Gary and I moved to Washington, Utah. “It’s a great place to live; good friends, nice neighbor and although it gets hot in the summer, it’s better than snow blowing in 20 below in the winter”!

I met Roger Talman at a grief group I attended here in St. George after Gary passed. Roger gave me Ellen. Nathan’s email and I’m so glad he did. From the moment I contacted Ellen, everyone in the congregation has been so welcoming and so kind to me. Thank you Roger.

At this point in my life I keep busy doing treadmill five miles a day, reading, socializing and binge watching TV. I have not done any sewing, knitting, dancing, hosting seders or throwing parties in a while, but maybe someday again!



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PENNY FOR YOUR THOUGHTS



“WHAT KIND OF JEW ARE YOU?”

Happy New Year 2024! May the new year see a world of peace and good will and melt the hatred in the cold, evil hearts of those who seek to destroy us. The horrific events of October 7th brought to light the realization that not only do Jews worldwide live among people who hate us, but also have great disdain for us, resent us and have blind misconceptions combined with being radicalized by the teaching of Antisemitism. It is a fact that Jews throughout history have been persecuted, denied freedoms and seen as the blame for all the world ills, simply because we are Jews. This is not meant as a history lesson; it is challenging to be Jewish. Unfortunately, Antisemitism has once again reared its ugly head. We now see it expressed publicly; many acting on it in different ways, from creating a threatening atmosphere on college campuses to outright terror attacks and mass murder.

Prior to October 7th our spiritual connection to Judaism was based on our cultural and educational upbringings, communal involvement and political and social views. The essence of being Jewish differed by age cohort, by affiliation or non-affiliation and by those who identify strongly by religion and observance. The importance of living a moral and ethical life increases as we get older. So, I ask, “What Kind of Jew Are You?” Did the October 7th Hamas attack on Israel where 1200 Israeli men, women, children and babies were murdered change how you feel about being Jewish? Did you identify with Israel and take out your old Star of David necklace that was buried in your jewelry box and wear it proudly or were you afraid of being identified as a Jew? Do you back away from conversations and stay silent or do you see it as an opportunity to identify yourself as Jewish in order to inform and educate? Being Jewish is an active struggle with what it means to be a Jew.

I recently read an article that showed a study of 1500 U.S. Jews that were asked, “What Kind of Jew Are You?” The study was done more than a year ago; the results revealed that 16% of the American Jewish population considered themselves Active Jews, those who center Jewish communal and religious life and have a strong sense of tradition. Affiliated Jews, those who have strong Jewish identities even if tradition and communal practice plays a less central role in their lives, consisted of 34%. The Ambivalent Jews consisted of 34% and represented those who straddle the line between interest and avoidance. Lastly, you have the Alienated Jews who account for 16%; these are Jews with little Jewish connection. I wonder if those statistics would look different today.

It doesn't matter if you are Reform, Orthodox or Conservative. In answering the question, “What Kind of Jew Are You?” and what does being Jewish mean to you, the connection you have to your Jewish community will bring you closer to your Jewish ideals and beliefs, your faith, and to G-d. Learning and living the values and ideals that are a part of our beautiful heritage, our traditions, history and culture may give you some answers and leave you feeling comfortable and proud to be Jewish.

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Andy Margles

OUT TO LUNCH

with Mr. Foodie???

Due to overwhelming demand (ok, one person asked) I (Mr. Foodie) would like to start a new tradition at Beit Chaverim; a group of “fressers” who would like to join me for a monthly lunch outing. This “exclusive” club is **for men only**. If you’re a mensch who’s interested in lively conversation and good food at restaurants hand selected by me, Mr. Foodie, then this is for you! We will try new eateries as well as some oldies but goodies. This will be a monthly event; you do not need to commit to every month, come when you can. I will post the upcoming restaurant choice in the newsletter each month and will ask for RSVPs in order for me to plan. Some months will need to be limited in number due to space limitations. If you are interested in this new Beit Chaverim event, please email me andymargles@gmail.com. DO NOT DELAY! BE THERE OR BE SQUARE.

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CHECK IT OUT!

Mike Satter has been busy updating our Beit Chaverim website, bringing you more information and making it easier to navigate and use. Be sure to check out the home page: <https://beitchaverimutah.org>. Mike will continue to improve our website, so be sure to follow it.

The recent updates include:

- In the Rabbi's Blog you will find the Rabbi's weekly **Drash**. The Drash is an interpretation of text or sermon and refers to the weekly Torah portion.
- Check out the News and Calendar tabs
- On the far right is a new link to your Beit Chaverim account.
- MembershipWorks, our new database manager allows members to sign into their account to make basic changes: phone number, add birthdays (name,mm/dd), etc.
- First time you sign into MembershipWorks, the system will ask for your email and password. If you don't have a password it will send a new, computer generated password to your email. Once you sign in, you can then change the Password by scrolling to the bottom of your profile and click on Password.

If you are not a current member, we hope you will consider joining our Beit Chaverim family. Click here <https://beitchaverimutah.org/yearly-membership/#join> to join our congregation.



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SG IS ALIVE WITH THE SOUND OF MUSIC

Interfaith Harmony Day

Interfaith Harmony Day is year to highlight the faiths represented here corresponding religious will be choral presentations religious institutions. Beit



held in St. George every presence of the many together with their organizations. There from six local area Chaverim will host a

table that shares information about our Jewish congregation. Those that attended last year said it was a wonderful and worthwhile event. This year the concert is being held on Saturday, February 17th, 7:00 pm at Crimson Cliffs High School Auditorium (see flyer below). The high school is located not far from Red Cliffs Mall. Before the event, those who wish can join with us for dinner @ 5:00 pm at Benja Thai Garden across from the mall. Please RSVP to Ellen Nathan arneen@infowest.com by 2/10/24 if you plan on attending dinner. Feel free to come for dinner to socialize even if you are not going to the event.



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The ancient Greek historian, Herodotus of the 5th century B.C.E. stated, "The only good is knowledge and the only evil is ignorance." Cicero, a Roman writer, named Herodotus the "Father of History" in 425 B.C.E.



Since the barbaric Hamas attack of Oct. 7, 2023, on Israel, Antisemitism is at its highest level since the Holocaust. I would like our congregation, our family and friends to have the historical facts about our homeland, Israel. My hope is for you to use this information to have the answers to questions that may arise when discussing the war that is happening in Israel and Gaza today. First, a short nutshell history lesson from 1900 B.C.E. (17th-16th centuries) to today.

This era was the beginning of our faith, Judaism. It began with Abraham and Sarah and the belief in monotheism (one G-d) while others of that time were pagans or of polytheistic groups. Abraham and Sarah traveled by caravan from Mesopotamia to the Mediterranean Sea, passing through Phoenicia into Canaan. On the other side of Canaan was the Philistines and then Egypt. The many wars and changing of names and boundaries are too numerous to list. This is an overview to key important events in B.C.E. (before the common era) and C.E. (common era).

1280 B.C.E: The Exodus from Egypt by Moses

1250 B.C.E: Conquest of Canaan by Joshua, name changed to Judea, "Land of the Israelites."

1020 B.C.E: First Jewish King, Saul

1004-965 B.C.E: Rule of King David; named Jerusalem (city of Peace) capital of Judea

965-928 B.C.E: David's son, King Solomon builds the Holy Temple in Jerusalem.

922 B.C.E: Israelite kingdom divided into 2 nations: Judah (2 tribes) and Israel (10 tribes).

People ask where are the 10 tribes; their destiny is in the Diaspora (any area **outside Israel**).

722 B.C.E: Northern kingdom-Israel exiled for the first time by the Assyrians (not Syria). This marked the fall of Israel and disappearance of the nation.

586 B.C.E: Fall of Judah-The Israelites were exiled to Babylonia; beginning of the Egyptian Diaspora. An edict by Cyrus allowed the Israelites to return to Jerusalem. In 516-515 Cyrus helped the Israelites rebuild the Holy Temple.

332 B.C.E: Alexander the Great conquers Judea/Israel. He renames the land Palos, after a Greek sea goddess: hence the name change to Palestine.

165 B.C.E: The Maccabean Revolt (Hanukkah story) – The Jewish Hasmonean family ruled. This marked the beginning of Antisemitism.

0-63 C.E: Romans rule Palestine – the fall of Masada. Note: no Christianity and no Islam as yet.

325 C.E: First council of Nicaea (Roman Catholic Church). Christianity starts in Palestine.

632 C.E: Muhammad starts Islam. He dies in 634 and a new leader takes over, starting Jihad

(religious war to kill all Infidels: any Jew, Christian or Muslim & all other faiths that do not



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Believe in Islam. This formed the Ottoman and Turk Empire.

1096-1189 C.E: Pope Urban II starts the first crusade. Each crusade brought death to Jews throughout Europe.

1770's: Jews were emancipated in France and then most areas of Europe and America.

Mid 1800's: Judaism's schism – Reform, Conservative and Orthodox Movements form in Germany.

WWI: Ends the Ottoman Empire. League of Nations divides the Middle East between Britain and France (key countries). Trans Jordan later did not want the area which then became the West Bank.

WWII: The Holocaust, 1938-1945. United Nations established.

May 5, 1948: United Nations voted on the Jewish people having their own homeland in Palestine. President Truman cast the deciding vote to make the State of Israel. What followed were many wars between Israel and the Arab nations.

Yom Kippur War: 6-day war in which one third of Israelis were killed.

2005: Israel gives Gaza to the Fatah party and the Gazan people (Palestinian). All Jews and Christians leave Gaza.

2007: Hamas takes over Gaza, fires rockets into Israel

2009: Arab Spring: Arab/Muslims enter throughout Europe

2019: Israel population 9,021,000: 6,697,000 Jewish (74%), 1,890,000 Israeli Arabs, 434,000 Israeli non-Arabs (Christian and others).

October 7, 2023 (Shabbat & Sim Chat Torah): attack on Israeli citizens and foreigners. Several Kibbutzim destroyed; many killed and many taken hostage.

From the River to the Sea: The Hatziboni (Jordan River) to the Mediterranean Sea.

There is a need to speak up! I delivered my prayer for the State of Israel and Peace at the Prayer Over the City on January 1. I spoke at the Republican Women's group about the war in Israel with this historical, factual information. I have been teaching The Holocaust History and Studies for 40 years. During the Holocaust, the world was SILENT. Today, we have Israel and the Jews of the Diaspora. We see Christians and other faith groups and government officials standing strong with Israel, praying for release of all hostages and the end of HAMAS. Let's all pray for A lasting Peace!
Am Ysrael Chai!

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Andy Margles

MR. FOODIE'S SW UTAH RESTAURANT REVIEWS

MORTY'S CAFE

Morty's Café made a name for itself feeding hungry Utah State students in Logan. They then added a second location at 702 St. George Blvd. to feed the locals in our region. **Morty's** is open Mon.-Thur., 8am-9pm and Fri-Sat. 8am-10pm. Closed Sundays.

I discovered **Morty's** one day driving down "the Boulevard". I thought, with a name like **Morty's**, it must be a deli! I pulled into the parking lot with visions of corned beef and chopped liver dancing in my head, but this is what I found: **Morty's is not a deli!** It's a typical fast-casual restaurant; order at the counter and they bring the food to your table. The menu is compact, containing at least a few items each for breakfast, lunch and dinner.

There is a choice of 6 different egg breakfast sandwiches/burritos. The different combinations looked surprisingly delicious, ranging from quite healthy to decadent. Speaking of decadent, did I mention that there are customizable, specialty milkshakes on the menu? The strawberry cheesecake milkshake sure sounded good as did several others.

The rest of the menu consists of 10 different specialty combination burgers, of which 3 are vegetarian (bean, portobello & tofu). Each burger had different toppings and sauces, many of which were inventive and sounded great. **Note:** a chicken breast can be substituted for any beef patty at no extra cost! There are also 4 different grilled combination sandwiches, including a build-your-own grilled cheese. Also, on the menu are 4 healthful, tasty-sounding quinoa salads. Side dishes include onion rings and various types of fries. House sauces include: tangy pineapple relish, kimchi, Korean BBQ, Chipotle and sweet chili. Yum!

I had the Hawaiian chicken breast "burger" which had all sorts of sweet & spicy ingredients which somehow worked together beautifully. The breast itself was huge and juicy. A drink with an order of crunchy, tasty fries brought my bill to about \$17. Mrs. Foodie got a breakfast sandwich with a spicy mayo sauce, which was a bit too hot for her taste; otherwise, the ingredients seemed fresh, tasty and plentiful.

VERDICT: Despite the plain décor, **Morty's** is open both early and late, has reasonable prices, interesting combinations and sauces and can be enjoyed both by those who eat healthily and those who don't. Most importantly, the sandwiches/burgers are delicious. If I were you, I'd give **Morty's** a try (even if it's not a deli).

Contact me, Andy Margles andymargles@gmail.com with comments or suggestions.

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JEWISH SCHTICKS

Lee Miller continues our new year with a big smile! I welcome those of you with a sense of humor to submit jokes for me to share. ewmargles@gmail.com

G-d to Moses: "I'll give you a land of mild and honey, with snowy mountains up north, a shiny desert in the south, olive trees all about and a perfect beach all around it".

Moses: What's the catch?"

G-d: "Wait 'till you see the neighbors".

One day a large chimpanzee escaped from the zoo, prompting a huge search of the district and online appeals as well as warnings on the radio, television and in the newspapers.

The chimp was finally discovered a few days later in the city library where zoo officials found him sitting at a desk in the reading room with two open books, deep in concentration. One book was the Tanakh (Jewish Bible); the other was "The Origin of the Species" by Charles Darwin.

The zookeeper asked the chimp what he was doing. The chimp replied: "I'm attempting to discern whether I am my brother's keeper or my keeper's brother?"

BEIT CHAVERIM

Jewish Community of

Temple Bulletin Board



Donations

Book Fund:

- Linda/Barry Reinherz in memory of Michael Davis
- Lois Cernic



Birthdays

Michael Heyman
Jim Kastner
Marva Motley
Marilyn Kanas

New Members

David & Randi Kottler
Ben & Lois Farb
Barry Sugarman
Varda Klabanoff
Bob & Barbara Weinstine

HELLO!

New Members!

