

BEIT CHAVERIM

Jewish Community of Greater Zion

September 2023



Welcome
All!

IN PERSON
SHABBAT
SERVICE 2ND
FRIDAY
OF EACH MONTH
AT 7:00PM
GOOD SHEPHERD
PRESBYTERIAN
CHURCH
611 N 2450 E.
ST. GEORGE.
(EDUCATIONAL BLDG. IN
REAR)

SAVE THE DATE

Friday, Sept. 8, 7:00 pm – In person Shabbat service & Oneg. Good Shepherd Presbyterian Church, Educational Bldg., rear

Monday, Sept. 11, 10:00 am – Breakfast with the Rabbi. George's Corner. [RSVP arneen@infowest.com](mailto:arneen@infowest.com)

Saturday, Sept. 16, 11:00 am – Rosh Hashanah service with Kiddush lunch, The Escape at Brio, 230 W. Clubhouse Dr., Wasington. [RSVP events@beitchaverimutah.org](mailto:events@beitchaverimutah.org) by 9/6.

Wednesday, Sept. 20, 11:00 am – Tashlich Service, Fire Lake Park (see article)

Sunday, Sept. 24, 7:00 pm – Kol Nidrei Service, The Escape at Brio, 230 W. Clubhouse Dr., Washington

Monday, Sept. 25, 3:30 pm – Yom Kippur/Yizkor Service followed by "Break Fast", The Escape At Brio. 230 W. Clubhouse Dr., Washington RSVP events@beitchaverimutah.org by 9/6.

Sunday, Oct. 1, 11:30 am – Sukkot lunch at home of Rabbi and Michael Ainbinder. RSVP arneen@infowest.com by 9/22.

HIGH HOLIDAY REMINDER!!!

Please remember to [RSVP](mailto:RSVP events@beitchaverimutah.org) by 9/6/23 to events@beitchaverimutah.org for Rosh Hashanah and Yom Kippur Services. Donation for Kiddush Lunch and Break Fast meal for nonmembers is \$25 per person/meal. Kol Nidrei service will feature Peter Romney, Assistant Principal cellist for Southwest Symphony Orchestra. Include with your RSVP:

- services attending
- Number of people attending
- Number of "guests" attending meals
- Let us know if you plan to bring a side or dessert for lunch, or dairy/parve salad/side dish or dessert for Break Fast.

To list past family members in our "Yom Kippur Book of Remembrance" mail \$36 to Beit Chaverim PO Box 380012, Ivins, UT 84738 or by our website beitchaverimutah.org by 9/6/23. Email arneen@infowest.com with names.

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SPOTLIGHT

As the new year is about to begin, I thought it appropriate to "Spotlight" our Beit Chavervim Board members who work so tirelessly behind the scenes to keep Beit Chavervim running while promoting its growth. Over this past year, we have seen the willingness of additional Beit Chaverim members to pitch in and help with various services, events and functions. We thank you all and hope to see more members offering their time and expertise as we work towards growth and change.

Mike Satter: Mike is the current Board President. Mike so kindly agreed to step in and lead the Board two years ago when our past President, Penny Lindenbaum, moved to Henderson, NV. Mike has served on the Board since 2014 and was the Treasurer for two years prior to his current position. Mike helped develop our Beit Chaverim Website and continues to add improvements and updates. Mike grew up in Chicago, moving to San Diego when he was 16. He was a founder of Grand Staircase Escalante Partners and serves on the Volunteers in Public Service for the SG police department. Mike is active in the Washington County Amateur Radio Emergency Service. He enjoys ham radio, pickleball, photography, amateur astronomy and the "great outdoors"! Mike's favorite part of Shabbat services: the oneg "sweets"!



Ellen Nathan: Ellen is our most senior Board member. She has been working tirelessly on as secretary and has a multitude of jobs, "man." Ellen volunteers for several organizations, Committee for Kayenta. She was born in Queens, NY. Her second marriage of 30 years brought Zion and the North Rim on their honeymoon. Ellen "workaholic." Arnie passed away in 2014, launching her volunteer career. Ellen rides on her stationary bike and walks 20min/day on her treadmill with her took on this role when Covid came to help keep the



member. She joined Beit Chaverim in 1999 when they the Board since its incorporation in 2007. Ellen serves including serving as Rabbi Helene's "right hand including chair of the Architectural Control NY, lived in Florida with her first husband until his her and her husband, Arnie, to Utah ,after visiting was a computer systems manager and is a professed her volunteer career. Ellen rides on her stationary two artificial knees. Ellen is our "Zoom Master". She congregation together for services and holidays.

Marilyn Kanas: Marilyn joined our Board two years ago and will become our new President this January. She joined the Beit Chaverim Board to "help grow the Jewish community in Southern Utah". Marilyn grew up in a Jewish home, went to Hebrew school, became a Bat Mitzvah and was confirmed. "I consider myself to be more culturally Jewish than religious". She has always been a member of her Jewish community, wherever she lived. Marilyn and her husband, Michael, currently live in Entrada where they are active golfers. She has had past involvement in Jewish organizations, serving as President of her local ORT chapter and as a member of Hadassah. She has always been involved in philanthropic endeavors and has been active in support of Holocaust museums. Her professional background is in marketing. She was a software engineer earlier in her career and co-owned an executive search firm just prior to her retirement. Marilyn is also the current chair of our hospitality committee.



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Marvin Marcus: Marv joined the Beit Chaverim Board in March, 2021. Marv's early years were in a reform congregation in Youngstown, Ohio, where he received his Jewish education and became a Bar Mitzvah. He joined a conservative congregation when he moved to Dayton where he learned more traditional Jewish practice. Marv moved to SLC in 1978 working in the printing business. There he joined Congregation Kol Ami. Marv and his wife, Sheree, moved to

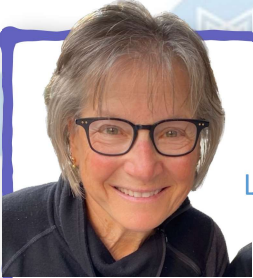
Hurricane when he retired in 2016. Marv Joined the Board because "I believe in the importance of honoring, sustaining and supporting Judaism". Marv was past President of the Hurricane Valley Rotary Club. He served as "gabbai" at Kol Ami and does the same for us when we called upon. Marv is also a member of the building committee.

Linda Reinherz: Linda grew up in Pittsburgh, Pa. She did not discover, until late in her mother's life, that her maternal great grandparents were Jewish. Linda's grandfather was Christian. When he moved the family to a small mill town for work during the depression, Linda's mother was told to "never mention being Jewish". Her mother never said anything until she neared the end of her life. She then shared the family story with Linda and her brother. "I always had an interest in Judaism. I never really felt Christian". Linda studied Judaism when living in Asia for twenty years. Her husband, Barry, grew up in a Jewish family in Chicago. Linda was happy to later join a synagogue. Linda and Barry joined Beit Chaverim in 2019. They live in Hurricane. Linda became a Board member in December 2021 and is now our Treasurer. In her prior career, she served as a finance officer and bookkeeper.

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Lisa Bernath: Lisa moved to St. George in 2017 after helping her cousin, Ellen (yes, me), design her home here. During one visit, she fell in love with the Kayenta community and built the home of her dreams there after selling her business in LA before retiring. She has been actively involved in their art community. Lisa grew up in Cleveland, moving to LA after college.

There she built her own, successful business. “My core values are rooted in Judaism, passed down from my parents who were Holocaust survivors. Community and family are my priorities”. Lisa joined Beit Chaverim in 2017. She works on the building committee and is our membership chair. Lisa sees her role as reaching out to Jewish residents in the area to help grow our congregation and provide a Jewish community for those who desire it. Lisa’s background is in business and interior design. She joined the Board in December 2021. Lisa loves hiking, golf, tennis, travel and cooking. Lisa recently became a board member of the United Jewish Federation of Utah.

Ellen Margles: As a daughter of Holocaust survivors, having a Jewish community was a requirement for our retirement location. After visiting and falling in love with St. George, we discovered Beit Chaverim on the internet, and I called Ellen Nathan. Happy to learn of a Jewish community here, the decision to retire here was made. Although raised in an orthodox synagogue and Hebrew school, my first marriage brought me into a reform congregation. My husband, Andy and I have been members of Beit Chaverim since moving here in 2016. I became a Board member in 2018. “I joined the Board because I saw the potential for growth of this congregation and wanted to be a part of it”. I love the natural beauty of the area and have embraced the outdoor lifestyle with hiking and “lots of pickleball”. I also enjoy traveling, reading, cooking and entertaining. Andy and I live in Brio. My career was as a nurse midwife and then certified menopause practitioner, having recently retired for the second time!





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TASHLICH: “Cast Your Sins Away”

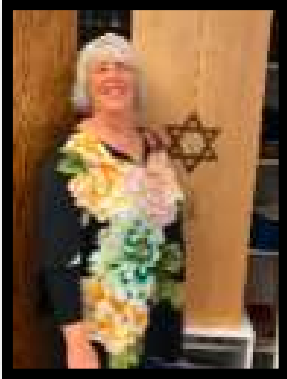
Tashlich, the “Casting Our Sins Away”, is a remarkable, symbolic ceremony. Through this ritual, Jews express not only a desire to be free from sin, but a continuing hope that each person will be forgiven for misdeeds. Tashlich is held any time between the first day of Rosh Hashanah and the last day of Sukkot. Special verses are recited next to a natural, flowing body of water; preferably one that has fish. We recite the prayers while “casting” off our sins, represented by breadcrumbs, into the water. We read in Micah: “You shall cast (Tashlich) all your sins into the depths of the sea” (7:19).

By performing Tashlich, each Jew signifies their hope that G-d will overlook our failings during the past year and grant us favor in the year to come. Jewish mysticism teaches that water corresponds to the attribute of kindness. Water with fish is optimal since fish are not subject to the “evil eye” and are known to have many offspring. Fish do not have eyelids, so their eyes are always open. There are different versions and verses of the Tashlich liturgy depending on the community. The commonality is that all are verses from the book of Micah.

Tashlich Service this year will be held on Wednesday, September 20 at 11:00 am at Fire Lake Park in Ivins. The entrance is just beyond the Kayenta entrance off Old 91. Fire Lake Park is a wonderful setting for this brief, fun outdoor tradition. We hope to see you there. Bring bread, crackers or matzoh crumbs to throw.

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From the Desk of Rabbi Helene

Sukkot – The Festival of Booths

In Leviticus 23:24 we read: “On the fifteenth day of the seventh month there shall be the Feast of Booths to the Lord, (to last) for seven days” and, in verses 42 and 43: “You shall live in booths seven days...that future generations may know that I made the Israelite people live in booths when I brought them out of Egypt.”

The Festival of Sukkot has dual origins, being both a historical and an agricultural festival. Historically, it represents the journey of Israel through the desert after the exodus from Egypt. During this time, people lived in temporary “booths.” Agriculturally, Sukkot celebrates the final gathering of fruit and produce for the year. It is also known as the Holiday of the Ingathering.

The basic mitzvah regarding the sukkah is to dwell in it. Minimally this means eating in the sukkah, but if that is not possible, the least one should do is to say kiddush and hamotzi. Since an essential element of the holiday is the extending of hospitality by inviting guests, there is a tradition to ask a different biblical person called the Ushpizin to the sukkah each night: Abraham brings Sarah, Isaac brings Rebecca, Jacob brings Leah, Joseph brings Rachel, Moses brings Tziporah, Aaron brings his sister, Miriam, and David brings Ruth/his grandmother.

As always, Michael and I invite the congregation to visit during Sukkot. We will host a Sukkot lunch at our home on Sunday, October 1, 11:30 am. Please RSVP events@beitchaverim.org and you will receive a response with the location.

The last of the Holy Days is Simhat Torah/Rejoicing with the Torah

Simhat Torah...Is it a beginning or an ending? It is, of course, both; the time when we complete the cycle of reading the Torah and then immediately begin again.

Year after year we read the words of the siddur as we call the Hatan/Kallat Torah:

“I lift my voice to sing and to celebrate
to praise the One who has sustained us and dwells in the sublime,
who granted us life and allowed us to reach this time,
enabling us to arrive at this day to rejoice in the Torah,
which grants us honor, as we lift up our voice.

It brings pleasure to the heart and light to the eyes, when we embrace its values we prize”



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From the Desk of Rabbi Helene (con't)

This aliyah (to be called up) to the bimah while the reader reads in one breath the last verse and opening verse of the Torah. The last word in the Torah is Israel, and the first word is beginning (or in the beginning). Israel ends with the Hebrew letter "lamed", while the Hebrew beginning letter in the Torah starts with a "bet/vet". The Torah has no ~~dots~~ ^{tefashim (dots)}, so bet becomes vet. Lav and Vet mean Heart. The Torah is the Heart of the Jewish people!

Before I left my synagogue to move to St. George, my congregation surprised me with this high honor of aliyah. The person receiving the honor does not know until ones name is called. If you visit my home, the honor is framed and hanging in my office. Maybe on Sukkot you will see it.

May we all celebrate the High Holy Days, Festivals and other moments together in Health and Happiness for this New Year!

Shalom,
Rabbi Helene Ainbinder

We are sorry to share the sad news of the loss of Beit Chaverim member, Don Perkal on 8/27/23. Don and Marilee had moved to St. George only a year ago.

They quickly became involved in the Beit Chaverim congregation. We are so very sorry that Don left us so soon; he was a very special man. Don was devoted to his family and to Judaism. We send our heartfelt condolences to his wife, Marilee and their children.

You may send personal condolences to Marilee at perkalmz@gmail.com or 821 E Red Wash Circle, Ivins 84738.

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Andy Margles

Mr. Foodie

SOUL RAMEN & NOODLE BAR "YOU GOTTA HAVE A LITTLE SOUL"

Although I love Asian food, I've never been a big ramen guy. I've eaten it several times, both from a box and in restaurants, but have always found the broth bland and the whole dish kind of "meh". However, after consistently reading great reviews of [Soul Ramen & Noodle Bar](#), I dragged Mrs. Foodie along and drove to their new location for a weekend lunch.

Now located in the Phoenix Plaza, at 929 W Sunset Blvd., #12, Soul Ramen is open daily for lunch and dinner. It's a family owned and run operation, with the husband as chef and his wife running front of house. The interior is funky-cute, and service is tableside. Beer is available, with wine to come in the future. They also have several fresh-fruited ice teas and lemonades, which were flavorful and delicious.

I ordered the Black Garlic Ramen, a concoction with a chicken-pork-Tonkotsu broth, wavy ramen noodles, black garlic oil, greens, mushrooms, green onions, a soft-boiled egg and marinated pork belly. After I took my first slurp of the broth, I already knew I had to review it. The taste was like an Umami bomb bursting with flavor! I finished every drop of the substantial portion. The waiter laughed when he saw my empty bowl which looked as if someone(?) had licked it clean.

Mrs. Foodie ordered the Spicy Tom Yum Seafood Ramen. That soup uses a shrimp broth with chili paste and evaporated milk and includes ramen, greens, green onions, shrimp, calamari, mussels and scallops. My wife's seafood was tender, and the broth was mildly spicy and flavorful. I enjoyed her ramen almost as much as my own.

There were several other dishes that looked interesting together with about a dozen appetizers, including BBQ chashu buns, cold spicy garlic tofu and squid balls. Eleven ramen dishes are featured that include a delicious veggie miso and a zesty, spicy curry, both of which we enjoyed on our second visit. In addition, the same dishes can be made with Udon noodles or hot pots, using Crossing Bridge rice noodles. Lastly, there is a pastry dessert called a "Snow Puffy", which looks sort of like a Napoleon.

VERDICT: Although a little late to the ramen revolution, I now consider myself a converted "soul man". [Soul Ramen & Noodles](#) rocks and it has changed my opinion of this dish. With incredibly flavorful broth, large portions, reasonable prices and a nice staff, [SR&N](#) deserves a try. If you already like ramen, are lukewarm about it, or have never even tried it: DO YOURSELF A FAVOR AND TRY SOUL RAMEN & NOODLES.

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JEWISH SCHTICKS



A few funny ones to make us smile! Thank you to our favorite jokester, Lee Miller, and a new contributor, Mike Satter.

The main course at the big civic dinner was baked ham with glazed sweet potatoes. Rabbi Cohen regretfully shook his head when the platter was passed to him.

“When,” scolded Father Kelly playfully, “are you going to forget that silly rule of yours and eat ham like the rest of us?”

Without skipping a beat, Rabbi Cohen replied “At your wedding reception, Father Kelly.”

An elderly woman in Florida was boring fellow beachcombers as she bragged on and on about her two remarkable grandchildren.

Unable to stand it any longer, a fellow sunbather interrupted her.

“Tell me, Mrs. Rosenwasser, how old are your grandsons?”

Mrs. Rosenwasser gave her a grateful smile and replied, “The doctor is four and the lawyer is six.”

Non-Jewish comedian: “I just flew into town and man are my arms tired!”

Jewish comedian: “I just had a long conversation and man are my arms tired!”

BEIT CHAVERIM

Temple Bulletin Board

Anniversary

Pam & Jeff Dale
Julie & Randy Fields
Toby & Jay Rosenblum



Donations

See Your Name
Here in Lights
next month!



HAPPY BIRTHDAY

Evan Bagner
Lisa Bernath
Lois Cernic
Jeff Dale
Roland Luthi
Gary MacDonald
Alan Rosen
Mary Weisman

