



BEIT CHAVERIM

Jewish Community of Greater Zion

October 2023!



SAVE THE DATE

Sunday, Oct. 1, 11:30 am – Enjoy lunch at Rabbi Helene & Michael Ainbinder's home in their Sukkah. [RSVP arneen@infowes.com](mailto:arneen@infowes.com) to receive location. Dairy or parve dishes or desserts welcomed.

Friday, Oct. 13, 7:00 pm - In person Shabbat service & oneg. Good Shepherd Presbyterian Church, Educational Bldg., rear

Monday, Oct. 16, 10:00 am – Breakfast With The Rabbi. George's Corner. [RSVP arneen@infowest.com](mailto:arneen@infowest.com)

Friday, Oct. 27, 7:00 pm – A Musical Shabbat. A special in person Shabbat service by guest Cantor, Sam Cohen. New location, limited seating. Watch for special invite by email.

Monday, Nov. 6, 10:00 am – Breakfast With The Rabbi. George's Corner. [RSVP arneen@infowest.com](mailto:arneen@infowest.com)

Saturday, Nov. 18, 10:00 am – Crop Walk for World Hunger. Larkspur Park

CROP WALK

The Crop Walk is locally sponsored by the St. George Interfaith Council. This is a nationwide event to raise funds to end hunger and poverty. Rabbi Helene leads our Beit Chaverim walkers.

The walk covers six miles, which is the average distance people in Third World countries must walk to get clean water. Any distance you choose to walk is appreciated. The \$20 entrance fee goes to those who are in need. Please join us for this lovely walk for a good cause.

Welcome All!

IN PERSON
SHABBAT
SERVICE 2ND
FRIDAY
OF EACH MONTH
AT 7:00PM
GOOD SHEPHERD
PRESBYTERIAN
CHURCH
611 N 2450 E.
ST. GEORGE.
(EDUCATIONAL BLDG. IN
REAR)

ZOOM SHABBAT
SERVICES ALL OTHER
FRIDAYS @7:00PM.
LINK WILL BE SENT A
FEW DAYS BEFORE
EACH SERVICE.





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SPOTLIGHT



For this month, I have chosen to “Spotlight” our recent High Holy Day Services for Rosh Hashanah and Yom Kippur.

It was a beautiful beginning for the New Year, 5784. The Escape at Brio was a wonderful setting with beautiful views to enjoy, which added to the serenity of our Yom Tov services. It felt very special to have our Beit Chaverim community, together with guests and family, come together in prayer and celebration. At Beit Chaverim, we love to involve congregants, both old and new, in the readings for the services, making them even more special. I hope that you will consider participating in future services when you are called. We consider it an honor to have our members take part in the service.

The Rosh Hashanah service was followed by a delicious Kiddush meal. What makes our holiday meal even more special are the contributions by some of our members’ favorite holiday dishes and desserts which you so willingly brought to share. Traditional Rosh Hashanah dishes like sweet noodle and potato kugels, tzimmes and honey cake remind us of past family holiday meals, making it feel even more special.

The Kol Nidrei service was enhanced by the moving rendition of the Kol Nidrei melody, so beautifully played by Peter Romney, assistant principal cellist of the Southwest Symphony Orchestra together with Kali Fields on keyboard. Following the final blowing of the Shofar by Rabbi Helene, the congregation joined together to break the fast with a traditional dairy meal of lox and bagels, white fish salad, egg and tuna salad, blintz souffle’ and yummy desserts, just to name a few of our members’ contributions. Our lox trays, made by our Board member, Marv Marcus looked like they came from a Jewish deli. They should, as he worked in one in his former life!



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Rabbi Helene and the Board would like to extend a special thank you for those of you who participated in the services and to everyone who contributed their special dishes to our holiday meals. It all made the holidays so much more meaningful. We are also thankful to Lisa Bernath and Ellen and Alan Rosen, whose Major Holiday Sponsorships helped in providing the wonderful music and meals. It is each and every one of you who help make Beit Chaverim a better Jewish community. Hope you enjoy the following pictures taken during the holidays.



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Tashlich at Fire Lake
Park



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WHAT IS AN ALIYAH?

The Hebrew word Aliyah literally means ascent, rise or going up. The word has a double meaning in the Jewish community. The first meaning refers to a Jewish person's return to their homeland of Israel. The reason for this is based on Genesis 50:13; after Jacob died, his sons carried his body out of Egypt to the land of Canaan (now Israel) to be buried as he had requested. According to the Talmud, the land of Israel is "higher" than all other lands-not physically, but as the most prominent place to connect the G-d. So, "to make Aliyah," is to ascend, to move up in the world. Aliyah became the official term for immigration to Israel in 1950 when the State of Israel passed the Law of Return, opening its doors to the Jews of the world.

The second meaning for Aliyah is the act of being called forward to read Torah in the synagogue. In synagogues the platform, or bimah, from where the Torah is read is usually elevated. This physical elevation is symbolic of the heightened honor and responsibility of reading G-d's Holy Word. Thus, when a member of the congregation is chosen to read Torah or to say the blessings before and after the reading, they are "called up," or receive an Aliyah. It is felt that one is elevated each time one goes to the synagogue to pray. In many congregations the person who receives an Aliyah makes a donation to the synagogue for the honor they were given.



Like Us on Facebook

WE now have a Facebook page thanks to Evan Sanders who did the work to get it posted. If you use FB, put Beit Chaverim Jewish Community of Southern Utah to take a look. Evan did a great job! He will be updating it on a regular basis. Make sure to "Like" us. LOL!

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From the Desk of Rabbi Helene

“The Power of Prayer”

People often ask me to recite prayers for a myriad of reasons. That has made me wonder how each person perceives praying and the meaning of prayer. I never thought about the spiritual experience of praying together in synagogue before the covid shutdown. But I did, after we, the Jewish people, could no longer gather together to pray. How would Judaism and traditional services continue with ruach (spirit)?

Is what individuals feel when praying the same feeling that I have? How many people know how to pray and how they are supposed to feel? Do people only pray in synagogues? Do people know they can pray at home or anywhere, because G-d always hears their prayers? I know that praying from my home on Zoom created a totally different feeling and ruach for me. Did Zoom services create a new spiritual atmosphere and will this now keep Jews from attending services in person?

Before covid, we prayed together at synagogue. I queried, was there a strong spiritual togetherness that we yearned for and felt? Zoom and hybrid services became the new norm. Observant Jews do not use electricity on the Sabbath; the Conservative and Reform movements varied on their use of modern technology for worship. But people moved forward, coming to a new normal and services continued. The prayers were the same, but did they now take on deeper meanings, a different mood or are they really the same?

Each person who attends a service has a different experience. Some read the prayers to find comfort, others raise their voices to chant and sing, others mumble through the verses until a familiar refrain starts. Some people sit near friends or family, while some are alone or are new to the congregation, yet each joins in the prayers in their own way. Now praying to G-d and reflecting personal thoughts or meditating to Him is another experience.

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From the Desk of Rabbi Helene (cont)

There is also a movement or a dance to praying. For some prayers one rises to stand; other times one sits. If a person needs to sit throughout the service, that is fine, too. During prayers there may be bowing, walking forward or backwards to give respect to the Melach (King/G-d).

When the Torah is brought out of the ark, there are times we reach out to touch it with our tzitzit (knotted fringe of tallit), siddur (Shabbat/weekday prayer book) or machzor (holiday prayer book) and then kiss the holy object that touched the Torah to bring more holiness into our life. Each service has an opening, middle and closing portion. Some may miss the opening (Jewish timing); the middle is when the Torah is read, and the concluding part seems to end with one looking forward to the kiddush, hamotzi, and socializing.

Does one moment stand out and have a profound feeling? Is it the words or the melody that moves a person? Maybe it is the moment when everyone sings out together in the Amidah, "M'khal-keil cha-yim b'chesed, m'cha-yeh, mei-tim, b'rachamim rabim..." Some people might not be aware of any of the meanings of the prayer, but, yet it brings a feeling of "shalom" (peace), and a feeling of community. That's a powerful feeling that praying together or even alone has on everyone's nesham (soul)!

That's the power of prayer!

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Andy Margles

Mr. Foodie

LOS TAPATIOS

I recently tried a brand-new, local Mexican restaurant, **Los Tapatios**. Open daily for lunch and dinner and located in the former home of a Chinese buffet, the sprawling space has a lot of tables to fill. In addition, SW Utah has more than 50 Mexican restaurants, all competing for the same business. Could the new, but large kid in town possibly succeed in this already overcrowded market? With Mrs. Foodie in tow, I decided to find out.

My first surprise was how many customers were already there. The restaurant had only been open a week and had done little, if any, advertising. Yet, somehow, at 5pm on a midweek night, this place was already more than half full! While waiting for our menu, we observed a lot of happy looking people chowing down on huge portions of tasty looking food.

The large, multi-page menu had all the “standard” Mexican fare, like burritos, chimichangas, enchiladas, etc., plus pages of special dishes. It also gave background information on the owners, whose heritage and family recipes are from Jalisco, Mexico.

It was hard to decide with so many interesting choices, but we decided to go with their enchiladas, a friend’s suggestion. I tried the enchilada trio; one being a chicken mole, another a chipotle beef and the third, a pork with chili Verde (green) sauce. Mrs. Foodie got the chicken mole enchilada, one of her favorite dishes.

While we waited for our meal, we enjoyed the complimentary home-made chips and thin, but tasty salsa, washing them down with a sweet aqua fresca (me) and a minty Mojito (Mrs. Foodie). Service is tableside and they have a full bar. Overall, prices of the food and drinks are a little higher than average for the area, but still reasonable.



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LOS TAPATIOS (con't)

VERDICT: Each of the three enchiladas was absolutely delicious! The sauces were bursting with flavor and the proteins were tender and juicy. The accompanying Spanish rice was moist and flavorful, as were the beans (3 different kinds available). In fact, we enjoyed our meals so much, we returned with friends two weeks later.

Two of the gastronomic highlights from that visit were the pork shanks with mole and the prawns with mushrooms and onions in a creamy chipotle sauce. These two dishes were both delicious and unique in our area. THE MUSHROOMS WERE TO DIE FOR! Our friends ordered the enchiladas of our previous visit and enjoyed them as much as we had.

So, absolutely delicious food, several unique dishes and preparations, comfy booths, large portions, reasonable prices, nice staff, open on Sunday. WHAT'S NOT TO LIKE? I **highly recommend Los Tapatios** as a new place to try and **potentially, the best Mexican restaurant in the area.**

Questions? Comments? Agree? Disagree? Have some restaurant news or places to to recommend?

Email me at: andymargles@gmail.com

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JEWISH SHTICKS



Thank you, Lois Cernic, for sending this true, interesting and funny story. While not particularly Jewish, it's worth sharing. I think you'll all get a chuckle out of it, as I did. The story was told by Neil Armstrong regarding his comment at the time of his moon landing.

On July 20, 1969, as commander of the Apollo 11 lunar module, Neil Armstrong was the first person to set foot on the moon.

His first words after stepping on the moon, "That's one small step for man, one giant leap for mankind," were televised to earth and heard by millions.

But just before he re-entered the moon lander, he made the enigmatic remark "Good luck, Mr. Gorsky."

Many people at NASA thought it was a casual remark concerning some rival Soviet cosmonaut. However, upon checking, there was no Gorsky in either the Russian or American space programs.

Over the years, many people questioned Armstrong as to what the 'Good luck, Mr. Gorsky' statement meant, but Armstrong always just smiled.

On July 5, 1995, in Tampa Bay, Florida, while answering questions following a speech, a reporter brought up the 26-year-old question about Mr. Gorsky and this **time** he finally responded because his Mr. Gorsky had just died, so Neil Armstrong felt he could now answer the question.

Here is the answer to "Who was Mr. Gorsky?":

In 1938, when Neil was a kid in a small mid-western town, he was playing baseball with a friend in the backyard. His friend hit the ball, which landed in his neighbor's yard by their bedroom window. His neighbors were Mr. and Mrs. Gorsky. As he leaned down to pick up the ball, young Armstrong heard Mrs. Gorsky shouting at Mr. Gorsky, "Sex! You want sex?! You'll get sex when the kid next door walks on the moon!"

It broke the place up. Neil Armstrong's family confirmed that this is a true story.

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Jewish Community of

Temple Bulletin Board



Anniversary

Rabbi Helene &
Michael Ainbinder
Evan Sanders



Birthdays

Rabbi Helene Ainbinder
Carolyn Bagner
Kim Blackman
Heleine Kinslow
Mike Satter

Donations



Torah Fund:

Ellen/Andy Margles in memory of Don Perkal
Fajgla Monczik in memory of family members
Alice Sain

Book Fund:

Linda/Barry Reinherz in memory of Michael Davis

General Fund:

Evan/Carolyn Bagner
Hope/Larry Grabarnik

Rabbi's Discretionary Fund:

Marilyn/Michael Kanas in memory of Don Perkal

